

RSV Breakthroughs: The Latest in Prevention & Protection


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Disclosure

- I have no actual or potential conflict of interest in relation to this presentation

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Objectives

- Describe the epidemiology and burden of respiratory syncytial virus (RSV), particularly in high-risk populations
- Summarize the latest RSV prevention strategies, including newly approved vaccines and monoclonal antibodies
- Differentiate between RSV vaccines available for older adults and maternal immunization strategies for infant protection
- Analyze case studies to determine when pharmacological interventions (such as vaccines or monoclonal antibodies) should be initiated for high-risk patients
- Identify pharmacists' roles in RSV prevention, including patient education, vaccine administration, and advocating for immunization in high-risk populations

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What is Respiratory Syncytial Virus?

RSV = respiratory syncytial virus

Common respiratory virus

- For most of the country, spreads in the fall and winter

Difficult to distinguish from common cold, influenza, or COVID-19

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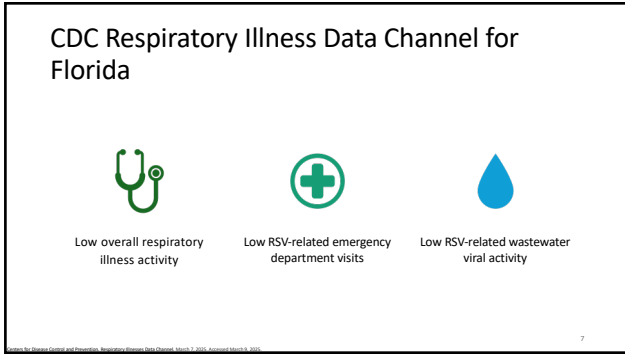
What about Florida and RSV?

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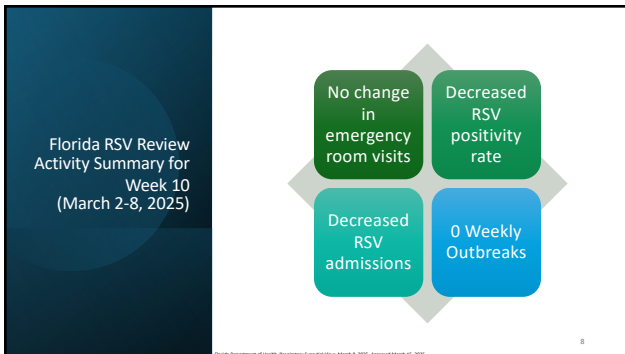
Florida RSV Season Region Breakdown

Florida Area	Counties	Season
Northwest	Bay, Calhoun, Escambia, Franklin, Gadsden, Gulf, Holmes, Jackson, Jefferson, Leon, Liberty, Okaloosa, Santa Rosa, Wakulla, Walton, and Washington	October – April (7 months)
North	Alachua, Baker, Bradford, Clay, Columbia, Dixie, Duval, Gilchrist, Hamilton, Lafayette, Levy, Madison, Nassau, Putnam, St. Johns, Suwannee, Taylor, and Union	September – March (7 months)
Central	Brevard, Citrus, Flagler, Hernando, Hillsborough, Lake, Marion, Orange, Osceola, Pasco, Pinellas, Seminole, Sumter, and Volusia	August – March (8 months)
Southwest	Charlotte, Collier, De Soto, Glades, Hardee, Hendry, Highlands, Lee, Manatee, Okeechobee, Polk, and Sarasota	September – April (8 months)
Southeast	Broward, Indian River, Martin, Miami-Dade, Monroe, Palm Beach, and St. Lucie	January – December (12 months)

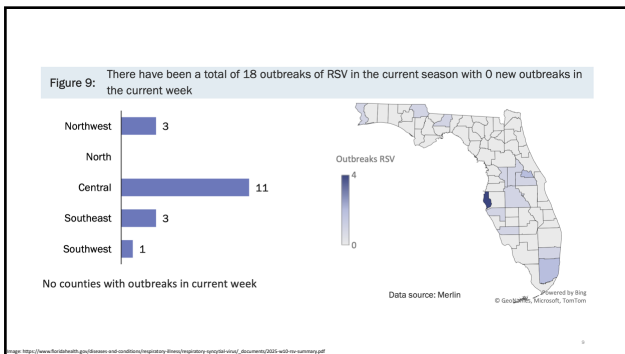
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RSV Transmission


- An individual with RSV coughs or sneezes
- Virus droplets can enter the eyes, nose, or mouth
- Direct contact with RSV
- An individual touches an RSV-contaminated surface and then their face before washing hands.

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RSV Transmission Continued

- Individuals with RSV are contagious for 3-8 days
 - Individuals can become contagious 1-2 days before showing symptoms
 - Infants and immunocompromised individuals can spread the virus for ~4 weeks or longer

RSV can survive on hard surfaces for many hours



RSV resides on soft surfaces for a shorter duration



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RSV Signs and Symptoms

- Runny nose
- Congestion
- Decreased appetite
- Coughing
- Sneezing
- Fever
- Wheezing

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HOW TO TELL THE DIFFERENCE BETWEEN FLU, RSV, COVID-19, AND THE COMMON COLD

Common symptoms may include cough, headaches, sneezing, runny nose, and congestion. Different symptoms may include.

	COLD	FLU	COVID-19	RSV
ACHES	●●	×××	●●	●
DIFFICULTY BREATHING	●	●	×××	●●
FATIGUE	●●	×××	×××	●
FEVER	●	×××	●●	●●
LOSS OF TASTE OR SMELL	●	●	●●	●
SORE THROAT	×××	●●	×××	●
WHEEZING	●	●	●	×××

Legend: ● Rarely, ●● Sometimes, ××× Often

Image: <https://www.rfid.org/resource/how-to-tell-the-difference-between-flu-rsv-covid-19-and-the-common-cold/>

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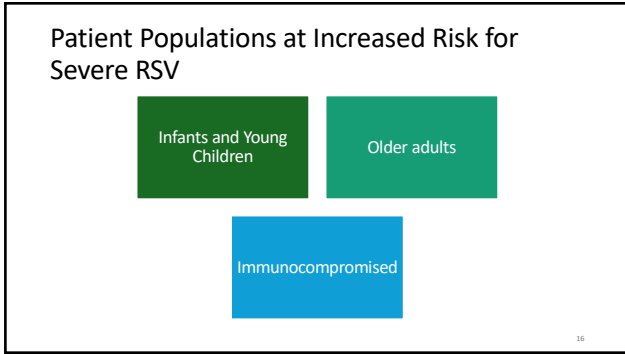
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Severe RSV

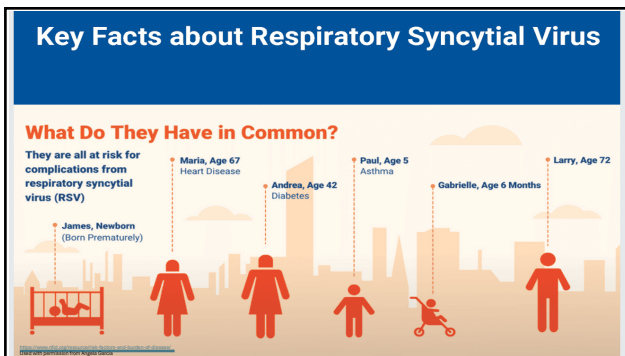
- Commonly referred to as RSV infection that results in hospitalization
- Most severe cases require:
 - Additional oxygen
 - Intravenous fluids
 - Intubation with mechanical ventilation

Image: <https://www.cdc.gov/media/releases/2022/s0301-rsv-severe.html>

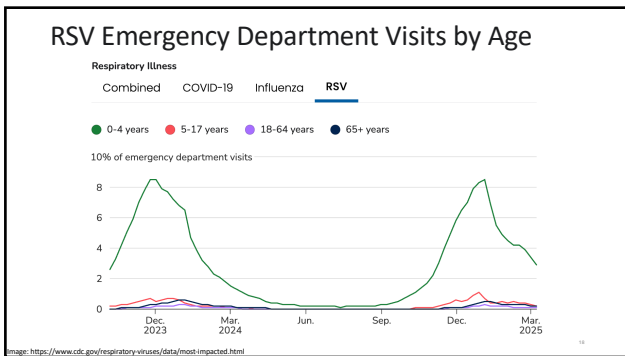
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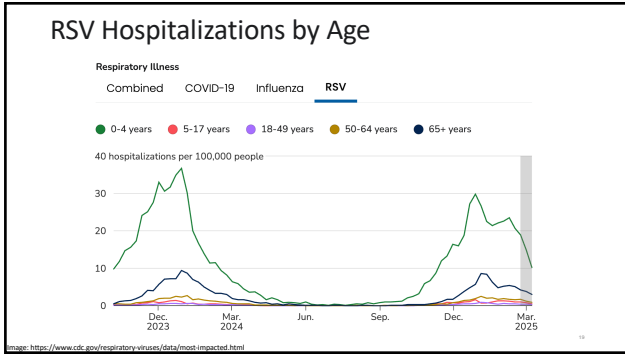
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Nonpharmacologic Prevention of RSV

- Cover coughs and sneezes with tissue or upper shirt sleeve
- Wash hands with soap and water for at least 20 seconds
- Avoid close contact with others
- Clean frequently touched surfaces

Image: <https://www.cdc.gov/respiratory-viruses/data/most-impacted.html>

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Knowledge Check

Which of the following populations is at highest risk for severe respiratory syncytial virus (RSV) infection?

- Healthy adults
- Infants, older adults, and individuals with compromised immune systems
- College students living in dormitories
- Children with mild upper respiratory infections

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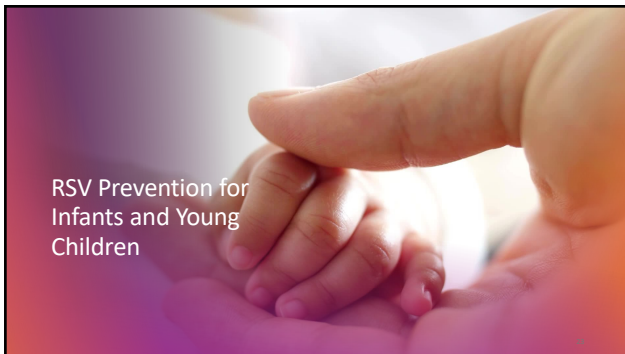
Knowledge Check

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- A) Healthy adults
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- C) College students living in dormitories
- D) Children with mild upper respiratory infections

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RSV Prevention for Infants and Young Children

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RSV in Infants and Young Children

~60,000-80,000 hospitalizations for children < 5 years of age

Almost every child gets infected with RSV by 2 years of age

- 2-3 of every 100 infants under 6 months of age are hospitalized

Severe RSV can result in:

- Bronchiolitis
- Pneumonia

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RSV Clinical Presentation in Infants and Young Children

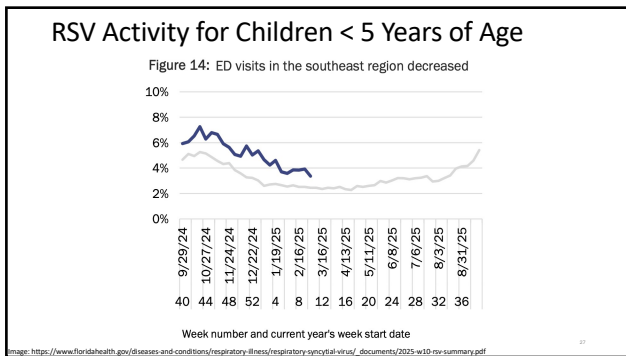
- Runny nose
- Decreased appetite
- Cough (+ wheezing)
- Infant specific symptoms:
 - Irritability
 - Decreased activity
 - Apnea
 - Many present without fever

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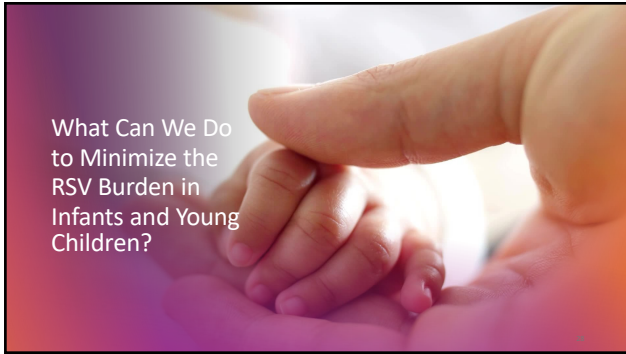
Children at Greater Risk for RSV

- Infants
 - Higher risk under 6 months of age
- Premature Infants
- Chronic Lung Disease or Congenital Heart Disease
- Immunocompromised
- Severe Cystic Fibrosis
- Neuromuscular Disorders
- American Indian and Alaskan Native

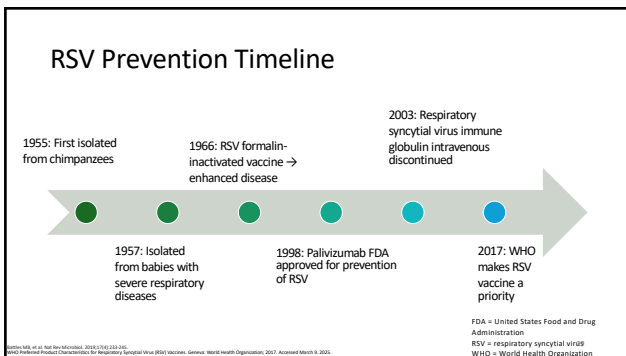
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RSV Pharmacologic Prevention in Infants and Young Children

Monoclonal antibodies

Vaccine
(*for mother)

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FDA Approved Monoclonal Antibodies

Characteristics	Palivizumab (Synagis)	Nirsevimab (Beyfortus)
FDA Approval	1998	2023
FDA Approved Population	<ul style="list-style-type: none"> BPD Premature infants (≤ 35 weeks gestation) Children with hemodynamically significant CHD 	<ul style="list-style-type: none"> 1st RSV season: Neonates/infants born before or during 2nd RSV season: ≤ 24 months who remain vulnerable to severe RSV
Composition	Human (95%), Murine (5%)	Human IgG1K from Chinese Hamster Ovary cells
Mechanism of Action	Humanized monoclonal antibody	
	Directed to an epitope in the A antigenic site of the F protein	F protein-directed fusion inhibitor
Dosing Initiation	Prior to RSV season	Prior to RSV season During RSV season
1st RSV Season Dosing	15 mg/kg IM monthly *Typically 5 doses	< 5 kg: 50 mg IM x 1 ≥ 5 kg: 100 mg IM x 1
Half-Life	20 days	71 days

BPD = bronchopulmonary dysplasia
CHD = congenital heart disease
IM = intramuscular
RSV = respiratory syncytial virus

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FDA Approved Monoclonal Antibodies Preparation Instructions

Palivizumab	Nirsevimab
<ul style="list-style-type: none"> Withdraw specific dose volume with a needle aseptically from single use vial Discard unused portion Avoid dilution Avoid shaking vial 	<ul style="list-style-type: none"> Single dose pre-filled luer lock syringe • 50 mg = purple • 100 mg = light blue

BPD = bronchopulmonary dysplasia
CHD = congenital heart disease
IM = intramuscular
RSV = respiratory syncytial virus

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Impact-RSV Trial (Palivizumab (Synagis))

Objective	<ul style="list-style-type: none"> Assess the effectiveness of palivizumab in reducing the incidence of severe RSV-associated LRTIs in high-risk infants
Study Design	<ul style="list-style-type: none"> Multicenter, randomized, placebo controlled, double-blind trial
Population	<ul style="list-style-type: none"> High-risk infants in 1996-1997 season (N = 1,501 infants and young children) Prematurity (< 35 weeks gestation), chronic lung or heart conditions
Findings	<ul style="list-style-type: none"> Severe RSV hospitalization rate: 10.6% placebo vs. 4.8% high-risk palivizumab (55% reduction, p < 0.001)

LRTI = lower respiratory tract infection
RSV = respiratory syncytial virus

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Feltes TF, et al (Palivizumab (Synagis))

- Objective**
 - To evaluate the effectiveness of palivizumab in reducing the incidence of RSV-related hospitalizations in high-risk children with hemodynamically significant heart disease
- Study Design**
 - Multicenter, randomized, double-blind, placebo-controlled trial
- Population**
 - High-risk children \leq 24 months of age with hemodynamically significant congenital heart disease
- Findings**
 - Reduced the incidence of RSV-related hospitalizations in high-risk children compared to placebo
 - Palivizumab was generally well-tolerated

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AAP Indications for Palivizumab Prophylaxis

- First year of life**
 - Infants born < 29 weeks gestation
 - Preterm infants with chronic lung disease of prematurity
 - Birth < 32 weeks gestation + require > 21% oxygen for \geq 28 days after birth
 - Infants with hemodynamically significant heart disease
- Second year of life**
 - Children who require \geq 28 days of supplemental oxygen after birth + continue to require medical intervention (supplemental O₂, chronic corticosteroid use, diuretic therapy)

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Palivizumab (Synagis®)

- Indication: second line agent for RSV prophylaxis in infants and young children**
- Administered 15 mg/kg/dose IM monthly during RSV season**
 - Maximum of 5 doses**
 - Stop doses once child is affected with RSV

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Palivizumab (Synagis®)

Rare administration-related adverse effects (pain, redness, swelling, fever)

- Product is unable to be diluted
- Do not shake the vial
- Supportive care to treat adverse effects, anaphylaxis: administer epinephrine

Blatt HC. Lower Respiratory Tract Infections. In: Beresford S, et al, eds. Pediatric Pharmacotherapy. An American College of Clinical Pharmacy 2020. Philadelphia (PA): Elsevier/AMCP Lower Respiratory Tract Infections; 49. Pábio P, et al, eds. Pharmacotherapy: A Pathophysiologic Approach, 10e. Missouri: Elsevier; 2019.

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Single-Dose Nirsevimab (Beyfortus) for Prevention of RSV in Pre-Term Infants

Objective	• To assess the efficacy of nirsevimab in preventing medically attended RSV LRTIs in healthy preterm infants compared to placebo
Study Design	• Randomized, placebo-controlled clinical trial (phase 2b)
Population	• Healthy preterm infants born between 29-35 weeks gestation, who are at increased risk for severe RSV infections (N= 1,453) • Timeframe: November 2016 - November 20217
Results	• Medically attended RSV-associated LRTI through 150 days* • Nirsevimab 2.6% (n=25) vs. placebo 9.5% (n=46); 70.1% lower (95% CI, 52.3-81.2) • Hospitalization for RSV-associated LRTI through 150 days* • Nirsevimab 0.8% (n=8) vs. placebo 4.1% (n=20); 78.4% lower (95% CI, 51.9-90.3)

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Nirsevimab (Beyfortus) for Prevention of RSV in Healthy Late-Preterm and Term Infants (MELODY)

Study Design: Randomized, placebo-controlled trial (phase 3)	
• Timeframe: July 23, 2019 – July 2, 2020	• Total patients: 1,490 (99.2% received an injection)
• Nirsevimab: n=994, placebo: n=496	
Primary efficacy endpoint: medically attended RSV-associated LRTI through 150 days after the injection	
• Nirsevimab: 1.2% (n=12) vs. placebo 5% (n=25)	• Nirsevimab efficacy 74.5% (95% CI, 49.6-87.1, p <0.001)
Secondary efficacy endpoint: hospitalization due to this condition through 150 days	
• Nirsevimab: 0.6% (n=6) vs. placebo 1.6% (n=8)	• Nirsevimab efficacy 62.1% (95% CI, -8.6-86.8; p=0.07)

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Nirsevimab (Beyfortus) Precautions and Contraindications

Precautions

- High bleeding risk → administer according to ACIP general best practice guidelines for immunization
- Moderate or severe acute illness → recommend waiting until recovery

Contraindications

- History of severe allergic reaction (e.g., anaphylaxis) after a previous dose or to a product component

Adverse reactions should be reported to MedWatch/VAERS

ACIP – Advisory Committee on Immunization Practices (1)
VAERS – Vaccine Adverse Event Reporting System

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CDC Recommendations for Prevention in Infants and Younger Children

Recommends either maternal RSV vaccination or infant immunization with RSV monoclonal antibody

- Nirsevimab (Beyfortus)
 - **First RSV season: all infants < 8 months***
 - Second RSV season: children 8-19 months at increased risk for severe RSV disease
- 1 dose **maternal vaccine (Abrysvo (Pfizer))** during weeks 32-36 gestation
- Passes antibodies to infant (takes at least 2 weeks)

*See CDC Clinical Criteria

ACIP – Advisory Committee on Immunization Practices (1)
VAERS – Vaccine Adverse Event Reporting System

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CDC Pediatric RSV Nirsevimab Recommendations

vaccine and other immunizing agents	Birth	1 mo	2 mos	4 mos	6 mos	9 mos	12 mos	15 mos	18 mos
Respiratory syncytial virus (RSV-mAb [Nirsevimab])	1 dose depending on maternal RSV vaccination status, See notes .					1 dose (8 through 19 months, See notes)			

First RSV Season*

- < 8 months age
- Born during or entering their first RSV season

Second RSV Season

- Children 8–19 months with/who are:
 - Chronic lung disease born prematurely
 - Severely immunocompromised
 - Severe cystic fibrosis
 - American Indian
 - Alaska Native

*See CDC clinical criteria

ACIP – Advisory Committee on Immunization Practices (1)
VAERS – Vaccine Adverse Event Reporting System

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Clinical Criteria for Nirsevimab

Infants < 8 months born during or entering 1st RSV season

Meet one of the criteria:

- Mother received RSV vaccine ≤ 14 days prior to birth
- Maternal RSV vaccine status unknown
- Confirm no previous administration of maternal RSV vaccine

Ideal timing:
Within 1 week of birth OR shortly before RSV season

Dosing: Infants < 5 kg = 50 mg; Infants ≥5 kg = 100 mg

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Clinical Criteria for Nirsevimab Continued

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    graph TD
      A[Did mom receive maternal Abrysvo (RSV Vaccine, Pfizer) within 14 days of birth?] -- Yes --> B[Administer Nirsevimab to infant]
      A -- No --> C[Did mom receive the vaccine more than 14 days from birth?]
      C -- Yes --> D[No need to administer Nirsevimab to infant]
      C -- No --> E[Administer Nirsevimab to infant]
      F[What if maternal RSV vaccine status was unknown?] --> G[-Administer Nirsevimab to infant]
  
```

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Clinical Criteria for Nirsevimab Continued

Infants 8-19 months

Confirm increased risk for severe RSV disease (meets one of the following criteria):

- CLD with medical support 6 months prior to RSV season
- Severely immunocompromised
- Cystic fibrosis (severe lung disease OR weight-for-length < 10th percentile)
- American Indian
- Alaska Native

Ideal timing:
Shortly before or during RSV season

Maximum doses: 2

- 1 dose per RSV season
- *Exception: children with cardiac surgery with cardiopulmonary bypass

Dosing: 200 mg x 1 (two 100 mg injections)

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Nirsevimab Administration Using Clinical Judgement

- May be given outside of typical RSV season
- Examples
 - Travel to areas with increased RSV activity
 - Concerns for follow-up
- Nirsevimab for infants with mother who received RSV vaccine
 - Infants born to mothers who did not mount an adequate immune response to RSV vaccine (immunocompromised)
 - Infants born to mothers with medical conditions that decrease transplacental antibody transfer (HIV infection)
 - Infants who have lost maternal antibodies (cardiopulmonary bypass or ECMO)
 - Infants with substantial increased risk for severe RSV (hemodynamically significant congenital heart disease or ICU admission with oxygen at discharge)

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Can Nirsevimab Be Given With Other Vaccines?

Currently limited data

- Not expected to interfere with other vaccines

CDC Recommendations

- May be administered with other routine childhood vaccines
- No interval necessary with live vaccines

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Can Palivizumab Still Be Administered?

If nirsevimab is unavailable or not feasible to administer

- High-risk infants who are recommended to receive palivizumab in the first or second year of life should receive palivizumab

If nirsevimab has already been administered for the current RSV season

- Do not administer palivizumab

If < 5 doses of palivizumab have been administered for current RSV season

- Administer nirsevimab ideally within 30 days (no more doses of palivizumab)

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Question

Which of the following approved monoclonal antibodies is recommended by the CDC for the prevention of respiratory syncytial virus (RSV) infection in infants?

- A) Palivizumab
- B) Nirsevimab
- C) Adalimumab
- D) Rituximab

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Question

Which of the following approved monoclonal antibodies is recommended by the CDC for the prevention of respiratory syncytial virus (RSV) infection in infants?

- A) Palivizumab
- B) Nirsevimab**
- C) Adalimumab
- D) Rituximab

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Case Study

You are a pharmacist working in a pediatric clinic during RSV season. A mother brings in her 2-month-old son, Noah, for his routine check-up. Noah was born at 29 weeks' gestation and spent six weeks in the neonatal intensive care unit (NICU) due to respiratory distress syndrome (RDS). He has no current oxygen requirements but has a history of bronchopulmonary dysplasia (BPD). The pediatrician asks whether Noah qualifies for RSV prevention with nirsevimab. His weight today is 4 kg.

Based on current guidelines, what is the most appropriate recommendation for RSV prevention in Noah?

- A) Administer a single dose of nirsevimab (50 mg) today
- B) Administer a single dose of nirsevimab (100 mg) today
- C) Recommend monthly palivizumab injections throughout the RSV season instead of Nirsevimab
- D) Do not administer RSV prophylaxis, as he is no longer in the NICU.

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Case Study

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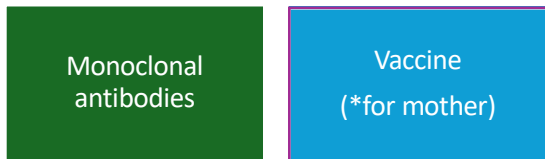
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RSV Pharmacologic Prevention in Infants and Young Children



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MATISSE Study

Abrysvo (RSV Vaccine, Pfizer)

- Objective**
 - To evaluate the efficacy and safety of maternal RSVpreF vaccination in preventing RSV-associated LRTI in infants followed for 1-2 years
- Study Design**
 - Phase 3, double-blind, randomized, placebo- controlled trial
 - N = 3,682 pregnant participants (24-36 weeks gestation) vs. N = 3,676 placebo
- Vaccine Efficacy:**
 - Medically attended severe LRTI : 81.8% at 90 days (99.5% CI, 40.6-96.3) & 69.4% at 180 days (97.58% CI, 44.3-84.1)
 - Medically attended RSV-associated LRTI: 57.1% (99.5% CI, 14.7-79.8)
 - Did not meet statistical success criterion
- Adverse Events**
 - Maternal- Muscle pain: 27% RSVpreF vs. 17% placebo
 - Headache: 31% RSVpreF vs. 28% placebo

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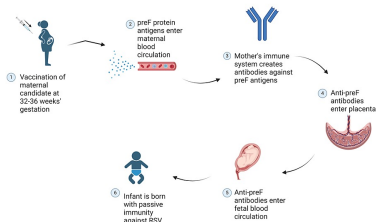
RSV Vaccines for RSV in Infants

- No vaccines are available for RSV protection when administered directly to the infant
- **Abrysvo (RSV Vaccine, Pfizer)**
 - Routine single dose vaccination is recommended during pregnancy at **32 weeks 0 days – 36 weeks and 6 days gestation** during RSV season
 - Administer vaccine regardless of previous RSV infection
 - Additional doses **NOT** recommended for subsequent pregnancies
 - May be administered with Tdap, COVID-19, and/or influenza vaccines

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Abrysvo (RSV Vaccine, Pfizer) Maternal Antibody Transfer



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Contraindications and Vaccine Safety Data in Pregnant Patients

Contraindications: anaphylaxis

Vaccine safety:

- Most common adverse events: injection site pain (40.6%), headache (31%), myalgia (26.5%), nausea (20%)
- Preterm births?
- Reports of pre-eclampsia, low birth weight (< 5.5 lbs), and neonatal jaundice

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Pregnant Patient Counseling for RSV Vaccine and Monoclonal Antibody

RSV Vaccine	Monoclonal Antibody
<ul style="list-style-type: none"> Provides immediate protection at birth through 6 months of age for infant when vaccine is administered at least 14 days from birth Reduces the number of vaccines the infant receives at birth Can be given with other vaccines during pregnancy 	<ul style="list-style-type: none"> Antibody delivery directly to the newborn vs. placental transfer from maternal vaccination Highly neutralizing to RSV site 0 of the RSV preF protein More susceptible to resistance through RSV Pre-F mutations Results in protection for up to 150 days Give at birth, ideally or within first week of delivery

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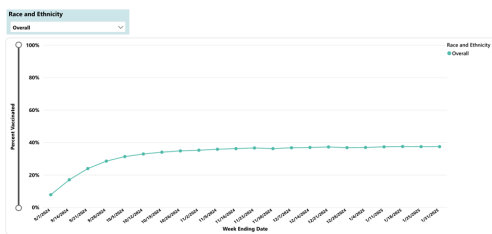
CDC Sample Script to Counsel Pregnant Patients

“At this point in your pregnancy, you are eligible to get the RSV vaccine to protect your baby from a severe respiratory illness called RSV. RSV is a common seasonal viral infection that can cause babies to get very sick. It can make it hard for babies to breathe. We have two options for preventing severe RSV illness in babies. One option is a new vaccine that we give you during pregnancy. The vaccine causes you to make antibodies that you pass to your baby through the placenta. These antibodies help protect your baby early in their life.”

“The other option called nirsevimab can be given to your baby after birth and works similarly to protect your baby from RSV illness after delivery. One or the other is recommended, but both are not needed for most babies. Keep in mind though that there may be limited availability of nirsevimab this season once your baby is born.”

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Figure 5A. Percent of Pregnant Women Ages 18–49 Years Vaccinated with RSV Vaccine Overall and by Race and Ethnicity
Data Source: Vaccine Safety Datalink



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Case Study

Stacy is a 29 year old female who is 33 weeks pregnant. She was recommended the RSV vaccine by her OB-GYN. Which of the following RSV vaccines can you administer?

- A. Abrysvo (RSV Vaccine, Pfizer)
- B. Arexvy (RSV Vaccine, Adjuvanted, GSK)
- C. MRESVIA (RSV Vaccine, Moderna)
- D. None of the above

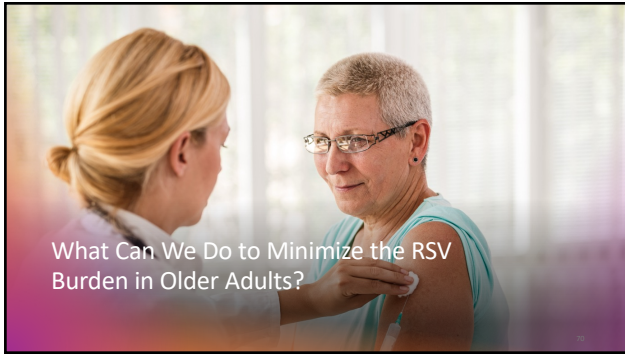
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Case Study

Stacy is a 29 year old female who is 33 weeks pregnant. She was recommended the RSV vaccine by her OB-GYN. Which of the following RSV vaccines can you administer?

- A. Abrysvo (RSV Vaccine, Pfizer)**
- B. Arexvy (RSV Vaccine, Adjuvanted, GSK)
- C. MRESVIA (RSV Vaccine, Moderna)
- D. None of the above


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Adult Populations with Greatest RSV Disease Burden

- Older adults ≥ 75 years
- High Risk Adults
 - Chronic lung or heart disease
 - Exacerbate asthma, COPD, or CHF
 - Weakened immune system
 - Severe obesity, severe diabetes
 - Living in nursing homes/ LTCF



CHF = congestive heart failure
COPD = chronic obstructive pulmonary disease
LTCF = long-term care facilities

Source: U.S. Centers for Disease Control and Prevention. Morbidity and Mortality Weekly Report. Accessed August 20, 2024.

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Older Adults (≥ 65 years) Comorbid Condition Considerations

Likelihood of being hospitalized for RSV

- Asthma (~2.3 or 2.5 x)
- Diabetes (~2.4 or 6.4 x)
- Coronary Artery Disease (~3.8 or 6.5 x)
- Congestive Heart Failure (~4 or 7.6 x)
 - *Adults ≥ 60 years
- Chronic Obstructive Pulmonary Disease (~3.5 or 13.4 x)

Reynolds AH, et al. Clin Infect Dis. 2022;74(6):1066-1071.
Munoz-Forgas R, et al. J Manag Care Spec Pharm. 2022;28(7):754-761.

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RSV Vaccine Patient Populations

Pregnant Adults	Adults ≥ 60 years
<ul style="list-style-type: none"> FDA approved Active immunization of individuals 32-36 weeks gestation to prevent RSV LRTD and severe LRTD in infants aged birth-6 months Abrysvo (RSV Vaccine, Pfizer) 	<ul style="list-style-type: none"> FDA Approved Active immunization to prevent RSV LRTD Arexy (RSV Vaccine, Adjuvanted, GSK) *Also FDA approved for ages 50-59 years Abrysvo (RSV Vaccine, Pfizer) *Also FDA approved for ages 18-59 years MRESVIA (RSV Vaccine, Moderna)

Source: Centers for Disease Control and Prevention. Healthcare Providers: RSV Vaccination for Pregnant Adults. Updated September 24, 2023. Accessed April 18, 2024. <https://www.cdc.gov/vaccines/imz/downloads/pdf/19c127.pdf>

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ARESVi-006 Study

Arexy (RSV Vaccine, Adjuvanted, GSK)

Objective	To show vaccine efficacy against RSV-related LRTD, confirmed by RT-PCR during one RSV season
Study Design	Phase 3, randomized, double-blind, placebo-controlled trial in older adults ≥ 60 years (N = 12,467 RSVPref3 and N=12,499 placebo)
Vaccine Efficacy (Median Follow Up = 6.7 months)	<ul style="list-style-type: none"> 82.6% for RT-PCR-confirmed RSV-related LRTD (96.95% CI, 57.9-94.1) 7 cases (1.0 per 1,000 participant-years) RSVPref3 vs. 40 cases (5.8 per 1,000 participant-years) placebo 94.1% against severe RSV-related LRTD (95% CI, 62.4-99.9) 71.7% against RSV-related acute respiratory infection (95% CI, 56.2-82.3)
Adverse Events	<ul style="list-style-type: none"> Injection site pain: 60.9% RSVPref3 vs. 9.3% placebo Fatigue: 33.6% RSVPref3 vs. 16.1% placebo Serious adverse events/ potential immune-mediated diseases similar

CI = confidence interval; LRTD = lower respiratory tract disease; RSV = respiratory syncytial virus; RT-PCR = reverse-transcription polymerase chain reaction

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RENOIR Study

Abrysvo (RSV Vaccine, Pfizer)

Objective	To assess the efficacy and safety of RSVpref vaccine in preventing RSV-associated LRTI during 1 st RSV season
Study Design	Phase 3, randomized, double-blind, placebo-controlled trial in older adults ≥ 60 years (N = 17,215 RSVpref and N = 17,069 placebo)
Vaccine Efficacy	<ul style="list-style-type: none"> RSV-associated LRTI with ≥ 2 s/sx: 66.7% (96.66% CI, 28.8-85.8) RSVpref (n = 11; 1.19 cases per 1,000 person-years) vs. placebo (n = 33; 3.58 cases per 1,000 person-years) RSV-associated LRTI with ≥ 3 s/sx: 85.7% (96.66% CI, 32.0-98.7) RSVpref (n = 2; 0.22 cases per 1,000 person-years) vs. placebo (n = 14; 1.52 cases per 1,000 person-years) RSV-associated acute respiratory illness: 62.1% (95% CI, 37.1-77.9) RSVpref (n = 22; 2.38 cases per 1,000 person-years) vs. placebo (n = 58; 6.30 cases per 1,000 person-years)
Adverse Events	<ul style="list-style-type: none"> Local reactions: RSVpref (12%) vs. placebo (7%) Systemic events: RSVpref (27%) vs. placebo (26%)

LRTI = lower respiratory tract infection; RSV = respiratory syncytial virus; S/Sx = signs or symptoms

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ConquerRSV Study

MRESVIA (RSV Vaccine, Moderna)

Objective	Assess safety and efficacy of mRNA-1345 vaccine in preventing RSV-associated LRTD
Study Design	Ongoing, randomized, double-blind, placebo-controlled, phase 2-3 trial in older adults ≥ 60 years (N = 17,793 vaccine and N = 17,748 placebo)
Vaccine Efficacy	<ul style="list-style-type: none"> Prevention of RSV-associated LRTD (≥ 2 s/sx): 83.7% (95.88% CI, 66.0-92.2, $p < 0.001$) 9 cases vaccine vs. 55 placebo Prevention of RSV-associated LRTD (≥ 3 s/sx): 82.4% (96.36% CI, 34.8-95.3, $p = 0.008$) 3 cases vaccine vs. 17 placebo Prevention of RSV-associated acute respiratory disease: 68.4% (95% CI, 50.9-79.7) 26 cases vaccine vs. 82 placebo
Adverse Events	<ul style="list-style-type: none"> Injection site pain: 56.3% vaccine vs. 13.7% placebo Systemic adverse reactions: 47.7% vaccine vs. 32.9% placebo

CI = confidence interval
LRTD = lower respiratory tract disease
RSV = respiratory syncytial virus
s/sx = signs or symptoms

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RSV Prevention Timeline Continued

May 2023: FDA licensed 2 vaccines for adults ≥ 60 years: **Arexyv** (RSV Vaccine, Adjuvanted, GSK) and **Abrysvo** (RSV Vaccine, Pfizer)

July 2023: Nirsevimab FDA approved for RSV prevention

August 2023: FDA approved **Abrysvo** (RSV Vaccine, Pfizer) for pregnant persons to prevent RSV in infant; ACIP and CDC recommended Nirsevimab to prevent severe RSV disease

September 2023: ACIP and CDC recommend **Abrysvo** (RSV Vaccine, Pfizer) for pregnant persons (32-36 weeks gestation)

June 2024: FDA approved additional vaccine for adults ≥ 60 years: **MRESVIA** (RSV Vaccine, Moderna)

ACIP = Advisory Committee on Immunization Practices
CDC = Centers for Disease Control and Prevention
FDA = United States Food and Drug Administration
RSV = respiratory syncytial virus

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	Arexyv (RSV Vaccine, Adjuvanted, GSK)	Abrysvo (RSV Vaccine, Pfizer)
Indication	Active immunization for RSV LRTD prevention	
FDA Approved Age Group	≥ 60 years of age 50-59 years at increased risk for RSV LRTD	≥ 60 years of age Pregnancy (32-36 weeks gestation) 18-59 years at increased risk for RSV LRTD
Dosing	Single dose (0.5 mL) IM	
Dosage Forms	Suspension	Solution
Storage	Requires reconstitution	
	Before reconstitution: 2°C and 8°C (36°F and 46°F)	
	After reconstitution: • Administer immediately OR • Store at 2°C and 8°C (36°F to 46°F) or up to 25°C (77°F) for up to 4 hours	After Reconstitution: • Administer immediately OR • Store 15°C to 30°C (59°F to 86°F) for up to 4 hours

Arexyv (GSK) (051), (Pfizer) (Pfizer), (Moderna) (Moderna) (051)
Abrysvo (Pfizer) (051), (Pfizer) (Pfizer) (051)

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MRESVIA (RSV Vaccine, Moderna)	
Indication	Active immunization for RSV LRTD prevention
FDA Approved Age Group	≥ 60 years of age
Dosing	Single dose (0.5 mL) IM
Dosage Forms	Suspension
Storage	Frozen: -40°C to -15°C (-40°F to 5°F) After thawing: <ul style="list-style-type: none"> • Pre-filled plastic syringes: 2°C to 8°C (36°F to 46°F) x 90 days before use • May be stored between 8°C to 25°C (46°F to 77°F) x 24 hours after removal from refrigerator

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Preparation Instructions for Arexvy (RSV Vaccine, Adjuvanted, GSK)

Supplied as two vials that are combined prior to administration

- Lyophilized antigen component reconstituted with an adjuvant suspension component

Inspect for particulate matter/ discoloration

- If present → avoid administration

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Abrysvo (RSV Vaccine, Pfizer) Presentations and Reconstitution

Act-O-Vial Presentation

- Lyophilized antigen component and sterile water component

Vial and Prefilled Syringe Presentation

- Lyophilized antigen component, prefilled syringe with sterile water, and vial adapter

Vial and Vial Presentation

- Lyophilized antigen component and sterile water diluent vial

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Preparation Instructions for MRESVIA (RSV Vaccine, Moderna)

Configuration	Thaw in Refrigerator	Thaw at Room Temperature
Carton of 1 pre-filled syringe in a blister pack	<ul style="list-style-type: none"> Thaw between 2-8°C (36-46°F) x 100 minutes Let the syringe be at room temperature x 10-20 minutes before administration 	<ul style="list-style-type: none"> Thaw between 15-25°C (59-77°F) x 40 minutes If thawed at room temperature, the vaccine is ready for administration
Carton of 2 pre-filled syringes in a blister pack	<ul style="list-style-type: none"> Thaw between 2-8°C (36-46°F) x 160 minutes Let the syringe be at room temperature x 10-20 minutes before administration 	<ul style="list-style-type: none"> Thaw between 15-25°C (59°F to 77°F) x 80 minutes If thawed at room temperature, the vaccine is ready for administration

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Case Study

You are working in your community pharmacy and receive a shipment of all three RSV vaccines. You have been asked by a team member about storage conditions for the vaccines. Which of the following vaccines is required to be initially stored in the freezer?

- A. Arexvy (RSV Vaccine, Adjuvanted, GSK)
- B. Abrysvo (RSV Vaccine, Pfizer)
- C. MRESVIA (RSV Vaccine, Moderna)
- D. None of the above

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Case Study

You are working in your community pharmacy and receive a shipment of all three RSV vaccines. You have been asked by a team member about storage conditions for the vaccines. Which of the following vaccines is required to be initially stored in the freezer?

- A. Arexvy (RSV Vaccine, Adjuvanted, GSK)
- B. Abrysvo (RSV Vaccine, Pfizer)
- C. MRESVIA (RSV Vaccine, Moderna)
- D. None of the above

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CDC RSV Vaccination Recommendations in Adults

Vaccine	19-26 years	27-49 years	50-64 years	≥ 65 years
Respiratory syncytial virus (RSV)		Seasonal administration during pregnancy. (See notes)		60-74 years (See Notes) ≥ 75 years

60-74 years (special situations)

- 1 lifetime dose if increased risk of severe RSV disease
 - Arexvy (RSV Vaccine, Adjuvanted, GSK)
 - Abrysvo (RSV Vaccine, Pfizer)
 - MRESVIA (RSV Vaccine, Moderna)
- Additional doses not recommended at this time

≥ 75 years (routine vaccination)

- 1 lifetime dose
 - Arexvy (RSV Vaccine, Adjuvanted, GSK)
 - Abrysvo (RSV Vaccine, Pfizer)
 - MRESVIA (RSV Vaccine, Moderna)
- Additional doses not recommended at this time

Source: Respiratory Syncytial Virus (RSV) Vaccination Recommendations (Updated by Age, November 21, 2024). Adapted from 2024.

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Risk Factors for Severe RSV Disease

Chronic cardiovascular disease	Chronic lung or respiratory disease	End stage renal disease or dialysis-dependent
Diabetes mellitus complicated by chronic kidney disease, neuropathy, retinopathy or other end-organ damage	Diabetes mellitus requiring treatment with insulin or sodium-glucose cotransporter 2 (SGLT2) inhibitor	Neurologic or neuromuscular conditions

Source: Respiratory Syncytial Virus (RSV) Vaccination Recommendations (Updated by Age, November 21, 2024). Adapted from 2024.

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Risk Factors for Severe RSV Disease Continued

Chronic liver disease	Chronic hematologic conditions	Severe obesity (BMI ≥ 40)
Moderate or severe immunocompromised	Residence in a nursing home	Other chronic medical conditions or risk factors that a health care provider determines to increase risk

Source: Respiratory Syncytial Virus (RSV) Vaccination Recommendations (Updated by Age, November 21, 2024). Adapted from 2024.

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Common Adverse Reactions for RSV Vaccines

	Arexvy (RSV Vaccine, Adjuvanted, GSK)	Abrysvo (RSV Vaccine, Pfizer)	mRESVIA (RSV Vaccine, Moderna)
Ages ≥ 60 years	<ul style="list-style-type: none"> Injection site pain (60.9%) Fatigue (33.6%) Myalgia (28.9%) Headache (27.2%) Arthralgia (18.1%) 	<ul style="list-style-type: none"> Fatigue (15.7%) Headache (12.9%) Injection site pain (10.7%) Muscle pain (10.2%) 	<ul style="list-style-type: none"> Injection site pain (55.9%) Fatigue (30.8%) Headache (26.7%) Myalgia (25.6%) Arthralgia (21.7%) Axillary swelling/tenderness (15.2%) Chills (11.6%)
Ages 50-59 years	<ul style="list-style-type: none"> Injection site pain (75.8%) Fatigue (39.8%) Myalgia (35.6%) Headache (31.7%) Arthralgia (23.4%) Erythema (13.2%) Swelling (10.4%) 	<ul style="list-style-type: none"> Injection site pain (35.3%) Muscle pain (24.4%) Joint pain (12.4%) Nausea (11.8%) 	-
Ages 18-50 years	-	-	-

Approved for Emergency Use: November 19, 2023. Approved for Emergency Use: November 19, 2023. Approved for Emergency Use: November 19, 2023. Approved for Emergency Use: November 19, 2023. Approved for Emergency Use: November 19, 2023.

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RSV Vaccines Contraindications and Precautions

Contraindications

- Severe allergic reaction (anaphylaxis) to a vaccine component

Precautions

- Moderate or severe acute illness with/ without fever
- Guillain Barré Syndrome

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Guillain-Barré Syndrome (GBS) Warning

In January 2025, FDA required labeling changes to **Abrysvo (Pfizer)** and **Arexvy (Adjuvanted, GSK)** regarding GBS to the Warnings and Precautions section

- Postmarketing data found increased risk within 42 days after vaccination for both vaccines in adults ≥ 65 years of age
- Abrysvo 9 excess cases of GBS per million vs. Arexvy 7 excess cases of GBS per million doses
- No data on mRESVIA currently

Approved for Emergency Use: November 19, 2023. Approved for Emergency Use: November 19, 2023. Approved for Emergency Use: November 19, 2023. Approved for Emergency Use: November 19, 2023. Approved for Emergency Use: November 19, 2023.

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Can RSV Vaccines be Administered with Other Vaccines?

May be coadministered with other adult vaccines

- May increase common side effects

Data is currently limited on immunogenicity

- Limited data on coadministration with other respiratory virus vaccines may result in lower antibody titers
- Unknown clinical significance currently

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Vaccines Based Off of CDC Indication

	AREKVY (GSK)*	mRESVIA [®] (Moderna)	Abrysvo (RSV Vaccine, Pfizer)
Pregnant patients during weeks 32-36 gestation			X
Adults ≥ 75 years	X	X	X
Adults 60-74 years at increased risk of severe RSV disease	X	X	X

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Vaccine Efficacy for 2023-2024 RSV Season

	GSK Arexvy	Pfizer's Abrysvo	Moderna's mResvia
Prevention of RSV-associated emergency department encounters	77%	79%	Not determined
Prevention of RSV-associated hospitalizations in adults 60 and older	83%	73%	Not determined

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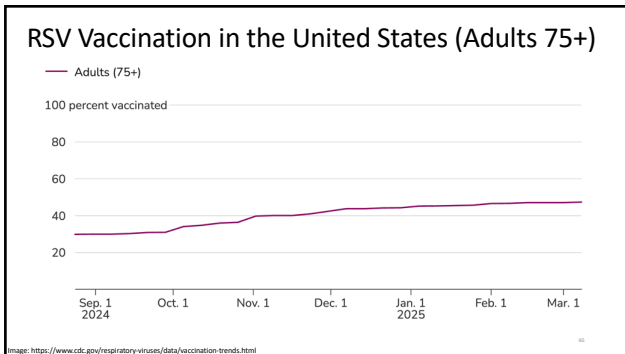
Guideline Updates Commenting on RSV Vaccine

- COPD GOLD 2025**
 - “RSV Vaccination for individuals aged >= 60 years and/or with chronic heart or lung disease, as recommended by the CDC (Evidence A)”
- ADA Diabetes Standards of Care 2024**
 - “Older adults >=60 years of age with diabetes appear to be a risk group”
- ACOG Influenza in Pregnancy: Prevention and Treatment 2024**
 - “The ACOG recommends a single dose of Pfizer’s RSV vaccine (Abrysvo) for eligible pregnant individuals between 32 0/7 and 36 6/7 weeks of gestation who do not have a planned delivery within 2 weeks, using seasonal administration, to prevent RSV lower respiratory tract infection (LRTI) in infants”

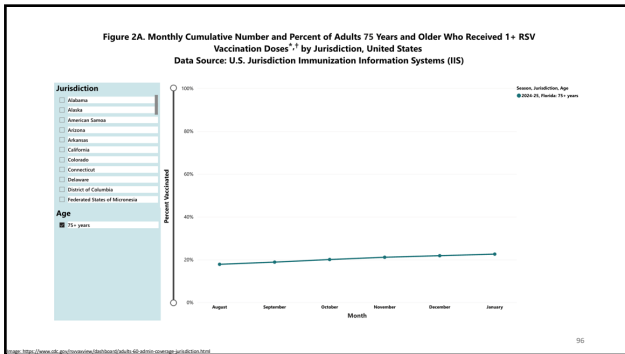
The American College of Obstetricians and Gynecologists. Maternal Respiratory Infection: Risk Mitigation. September 2023. Accessed March 15, 2025.
American Diabetes Association Professional Practice Committee. Diabetes Care 1 January 2024; 46 (Supplement 1): S14-S16.
https://doi.org/10.2337/141196

ACOG - American College of Obstetricians and Gynecologists
ADA - American Diabetes Association
RSV - respiratory.viral.usgs

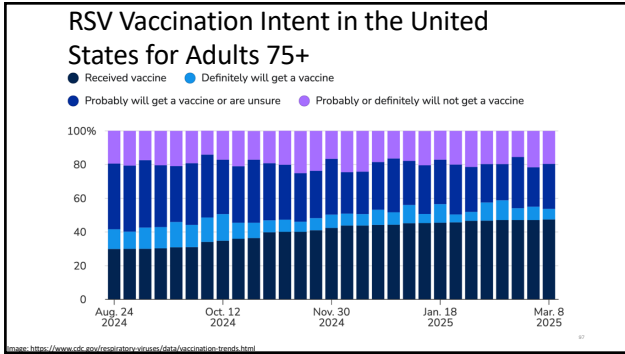
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Case Study

Mr. Johnson is a 72-year-old male with a history of chronic obstructive pulmonary disease (COPD), hypertension, and type 2 diabetes mellitus. He visits your pharmacy for his annual influenza and COVID-19 booster vaccinations. During the consultation, he mentions that he has been hospitalized twice in the past three years due to respiratory infections and asks whether he should also receive the RSV vaccine.

Based on current RSV vaccination guidelines for older adults, what is the most appropriate recommendation for Mr. Johnson?

- Administer a single dose of an FDA-approved RSV vaccine today
- Advise Mr. Johnson that RSV vaccination is only recommended for individuals over 80 years old
- Tell Mr. Johnson that he does not need the RSV vaccine since he is already receiving the flu and COVID-19 vaccines
- Recommend waiting until RSV season begins before receiving the vaccine to ensure maximum protection

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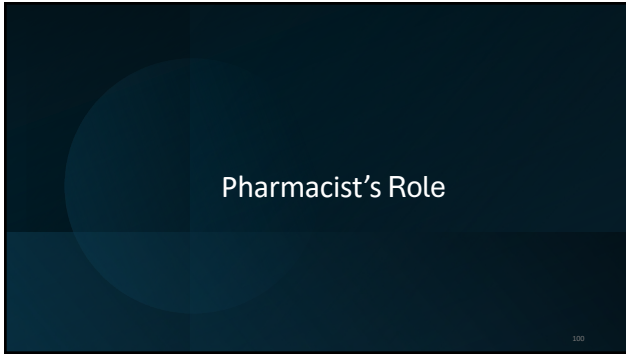
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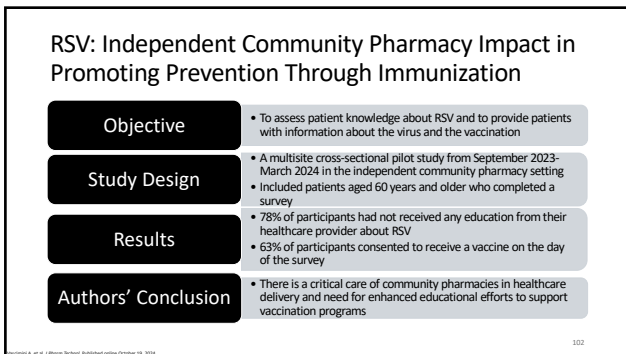
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Conversation Starter Examples

"If it is okay with you, I would like to spend 4 or 5 minutes to talk about RSV vaccines and your health"

"I took some time to review your medication history. Having [COPD, asthma, heart failure, diabetes, etc.] puts many people of getting sicker if they get RSV. Would you be interested in setting up an appointment for the RSV vaccine?"

"Your baby is due in the winter. There is a new RSV vaccine that you can get while still pregnant to protect your baby over the winter. Do you have a few minutes to discuss?"

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Resources for Pharmacists to Keep Track of RSV

CDC RSVVaxView Weekly RSV Vaccination Dashboard

- Provides data summary on:
 - Adults ≥ 60 years (also ≥ 65 years)
 - Vaccine Administration and Coverage by Jurisdiction
 - Specify Florida
 - Adult Vaccinations Administered
 - Pregnant Persons Coverage
 - Nirsevimab Coverage and Intent for Infants
 - Nirsevimab Administration and Coverage by Jurisdiction
 - Specify Florida

Florida Department of Health: Florida RSV Review Activity Summary

Source: Florida Department of Health, Weekly Respiratory Syncytial Virus (RSV) Vaccination Dashboard

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Question

Which of the following best describes the pharmacist's role in RSV vaccination efforts for older adults?

- Pharmacists can administer RSV vaccines but should only offer them to patients who specifically request them
- Pharmacists play a key role in identifying eligible patients, providing education on RSV risks, and administering the vaccine as part of routine immunization services
- Pharmacists should defer all RSV vaccine discussions to physicians, as they are the primary providers responsible for vaccine recommendations
- Pharmacists should prioritize RSV vaccination efforts only for adults over 75, as younger individuals do not benefit from immunization.

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Question

Which of the following best describes the pharmacist's role in RSV vaccination efforts for older adults?

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- B) Pharmacists play a key role in identifying eligible patients, providing education on RSV risks, and administering the vaccine as part of routine immunization services**
- C) Pharmacists should defer all RSV vaccine discussions to physicians, as they are the primary providers responsible for vaccine recommendations
- D) Pharmacists should prioritize RSV vaccination efforts only for adults over 75, as younger individuals do not benefit from immunization.

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NFID Key Strategic Priorities



NFID = National Foundation for Infectious Diseases
RSV = respiratory syncytial virus

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Ethnic Health Disparities

Non-Hispanic Blacks	Alaska Native and American Indian
<ul style="list-style-type: none"> • Higher rates of RSV-associated deaths in ages 1-4 years • ICU admission rates age < 6 months 1.2-1.6x higher 	<ul style="list-style-type: none"> • Hospitalization rates 4-10x higher

RSV = respiratory syncytial virus

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Protect Yourself and Your Loved Ones

	Influenza (Flu)	COVID-19	Respiratory Syncytial Virus (RSV)	Pneumococcal Disease (Pneumonia)
Who	Everyone age 6 months and older	Everyone age 6 months and older	Adults 60+ Adults 65+ with certain risk factors	Children 2 years and older People with certain medical conditions
What	Annual vaccine	Updated vaccine Additional vaccine - Adults age 65+ - People with certain medical conditions	1 vaccine (lifelong)	1 vaccine
When	Fall/Winter	Fall/Winter	Fall/Winter	September-January Typically October-March

Learn more: www.nfid.org/immunization

Image: <https://www.nfid.org/resources/respiratory-immunization-graphic/>

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Protect Yourself and Your Loved Ones

Respiratory Syncytial Virus (RSV)

Who	Adults 75+ Adults 60-74 with certain risk factors	Pregnant women	Infants
What	1 vaccine (lifetime)	1 vaccine (lifetime)	1 antibody (for infants born to mothers who were not vaccinated against RSV)
When	Fall/Winter	September-January	Typically October-March

Learn more: www.nfid.org/rsv

Image: <https://www.nfid.org/resources/respiratory-immunization-graphic/>

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Conclusion

- RSV has the highest risk in infants, elderly, and immunocompromised populations
- Prevention strategies:
 - Nonpharmacologic
 - Monoclonal antibodies: infants
 - Vaccines: maternal, older adults
- Pharmacists play a key role in the RSV prevention

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RSV Breakthroughs: The Latest in Prevention & Protection

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